PHSE Curriculum Map Cycle A

Y1/2 - Sparrows Class

	Autumn 1 - Me and My Relationships	Autumn 2 - Valuing Difference	Spring 1 - Keeping Myself Safe	Spring 2 - Rights & Responsibilities	Summer 1 - Being My Best	Summer 2 - Growing & Changing
Key objectives	Children are able to: • Talk about why we have rules • Recognise how others are feeling by looking at their ex-pression / body language • Talk about how different emotions feel in our bodies • Identify different emotions and how they can affect our behavior; talk about ways to manage this • Talk about our spe-cial people and how they make us feel • Talk about ways to be a good friend	..Children are able to: • Say ways in which people are similar, as well as ways in which they are different • Give examples of differences that can be valued and cel-ebrated, such as different faiths or cultures • Talk about things that are fair and unfair • Say wht things can sometimes feel un-fair, to us or to others, even if they are not	Children are able to: • Talk about different feelings and how our bodies behave when we have those feelings • Talk about ways I can deal with my feelings in order to stay safe • Recognise some of the feelings of others and think about ways to help them with not-so-good feelings • Talk about things I can do to stay healthy and say why they help me to stay healthy • Discuss safety around medicines	Children are able to: • Talk about things they can do to look after themselves and their environment • Give examples of thinsg I do to care for my en-vi=ironment • Talk about the importance of look-ing after money • Give examples of things I have helped to look after at home and at school and how this made me feel	.Children are able to: • Name things they can do to help themselves if they are stuck or finding something too diffi-cult. Give examples of time s they have tried these strategies • Name some healthy foods and why theya re important • Know they should eat 5 portions of fruit and vegetables each day and what this might look like • Talk about the dif-ferent food groups and why they are all important	Children are able to: • Identify adults they can talk to id=f they need help at home and at school • Talk about things I can do now that I couldn't do as a baby, and things I might be able to do in future that I can't do now. • Name some body parts inside my body and talk about what they do • Name some body parts that boys and girls both have, and others that are different